

Cooling Centers in Kane County and Ways to Protect Yourself from the Summer Heat

(June 17, 2024) This week is going to be HOT! With highs in the mid-90's, it's important to take steps to stay cool. Please check on your family members and neighbors, and consider using a cooling center near you to protect yourself from the dangers of extreme heat. Find your closest cooling center here:

<https://kanehealth.com/Pages/Warming-Cooling-Centers.aspx>

Learn strategies to keep yourself safe in hot weather here: <https://kanehealth.com/Pages/Weather.aspx>